

# Dr. Kim Bell, DPT is San Diego's Vertigo Expert!

Specialized services are provided for patients of all ages with dizziness, vertigo, balance problems, and falls.

*"Dr. Kim Bell PT provides an exceptional service for those suffering from dizziness. Her work is so needed and is truly excellent. She approaches dizziness problems from all different angles. This multi-model approach is rare. I recommend her to anyone struggling with dizziness, whatever its source and especially if they do not know the source."* CHRIS S.

Dr. Kim Bell, DPT has developed her own unique, comprehensive methodology based on years of training and experience. She and her team of experts consider the whole person, all the systems of the body, and environmental factors in discovering the root cause of dizziness, vertigo, and imbalance.

*"I've been to many doctors over the years for recurring vertigo and am grateful for finding Dr. Kim Bell. I not only recommend but urge anyone who has a vertigo attack, or especially if you suffer from chronic vertigo, to see Dr. Bell. In my experience, you will not find her genuine concern and deep expertise anywhere else."* KEVIN M.

As a valued expert, Dr. Bell's UCSD Stein Public Lectures have over 3 million total views on UC-TV!

Watch Kim Bell's evidence-based, thought provoking live presentations on UC-TV by clicking each 

*"Dr. Bell is a doctor I can trust – I trust her skills and caring. I highly recommend her services to others suffering with vertigo, without a question or hesitation."* ADRIEN S.

[Click here to read more testimonials.](#)

## DR. KIM BELL, DPT

Founder of the Bell Method® and CEO, Kim Bell Physical Therapy  
A Doctor of Physical Therapy, a Vestibular Expert and an internationally recognized leader in fall prevention for older adults.

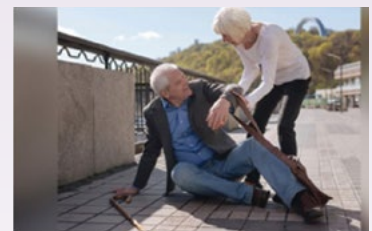
Dr. Bell has completed Advanced Vestibular Rehabilitation training and has extensive clinical experience in consultation and treatment of patients with dizziness, vertigo, imbalance, and unexplained repeated falls. Patients travel from all over the world to consult with Dr. Bell!



Taking Steps to Prevent Falls  
(3/10/2016)



Dizziness & Vertigo, Part I  
Research on Aging (4/13/2017)



Dizziness and Vertigo, Part II -  
Research on Aging (3/8/2018)



To learn more, visit [BetterBalanceInLife.com](http://BetterBalanceInLife.com) or call 760-652-9993